

Comfort Food Shopping List

Shopping List

1 1/2 lbs ground beef
1 lb. mild Italian sausage
1 sweet potato
2 carrots
2 lemons
3 lbs Yukon gold potatoes
4 apples
8 oz pkg cream cheese
All-Bran cereal
Baby Bella mushrooms
Butter
Butternut squash
Cheddar cheese
Dry white wine
Eggs
Fresh basil
Fresh or frozen green beans
Frozen corn
Frozen peas
Ground breakfast sausage or bacon
Mayonnaise
Milk
Minced garlic
Plain Greek yogurt
Spinach
Tomato paste
Whole garlic cloves
Zucchini or summer squash

Pantry List

Baking soda
Bay leaves
Black pepper
Bread crumbs
Brown sugar
Canola oil
Celery salt
Chicken stock
Cinnamon
Dried thyme
Flour
Granulated garlic
Granulated onion
Ground mustard
Ground rosemary
Ground sage
Ketchup
Nutmeg
Olive oil
Powdered sugar
Salt
Shortening
Sugar
Yeast