

Orange Balsamic Vinaigrette

Juice of 1 orange

¼ c. olive oil

¼ c. balsamic vinegar

1 clove garlic, finely grated

1 T. maple syrup

2 T. Greek yogurt

Salt and pepper to taste

Add orange juice, olive oil, balsamic vinegar garlic, and maple syrup to a pint sized Mason jar.* Shake all ingredients vigorously to combine into an emulsion. Add Greek yogurt and shake again. Add salt and pepper to taste. Use within seven days for best results.

*While I prefer using a Mason jar to make this dressing, a blender bottle or salad shaker will also work.