

Meatballs

1 lb ground beef
1 lb sausage
¼ t. black pepper
¼ t. smoked paprika
1 T. granulated onion
2 t. granulated garlic
1 t. ground mustard
2 eggs
1 T. dry red wine
1 T. Worcestershire sauce

Mix all ingredients together thoroughly, ensuring a consistent texture. Spray a 9x13 baking dish with nonstick spray. Shape meatball mixture into 20 round meatballs of roughly equal size. Bake covered with foil in a 350 degree oven for 20-22 minutes.

Makes 20 meatballs