Meatloaf Sliders

For each slider you will need:

1 All-Bran roll1-2 slices meatloaf1-2 slices cheeseMayonnaise4-6 baby spinach leaves

Halve and hollow out a bit of each All-Bran roll to make room for the sandwich ingredients. Apply mayonnaise to each side of the roll (be as liberal in your application as you prefer). On the bottom half of the roll, place meatloaf slices. On the top half, add spinach leaves and then cheese slices.

Place each half on a lined baking sheet. Bake under your boiler until heated through and cheese in melted, turning the pan every two minutes.